

Normanhurst Public School

1 June 2022 - Week 6 - Term 2



Acknowledgement of Country- 2D

We care and respect the land of the Dharug people and are proud to learn and play on Dharug country. We look after and care for the land and the animals. Always was and always will be traditional Aboriginal land.



PBL - Lesson of the Week - Computer Room & Library (Lunchtime)

These lessons teach students the behavioural expectations when they are in the computer lab and library during lunch breaks.



Principal's Message

Dear Parents,

Congratulations to the NPS Training Band and Concert Band, Ms Layton and I thoroughly enjoyed attending your concert at the end of Band Camp. We were so impressed with your performances and look forward to enjoying many more concerts throughout the year. Thank you to all the parents who made the weekend such a success and of course to our Band Master David Sismey.

On Wednesday our Debating Team are off to Asquith Public school to participate in their first debate and wish them luck. Thank you to Ms Layton for supporting the students.

Congratulations to all our Zone Cross Country Athletes. Our students are a credit to all. No matter where they placed they were excited to have participated, they celebrated in each others success and enjoyed the day.

Congratulations Ben H, Nathan C and Juliet E for making it into the next stage, Sydney North Area Cross Country.

Kindergarten 2023

If your child is of school age for 2023 or you have friends or family moving into the local area, please complete an enrolment form online.

To apply online, you must:

- be an Australian or New Zealand citizen or permanent resident
- Live in the local enrolment area for Normanhurst PS

 Kindergarten 2022 Parent Information Session will be on

 Tuesday 6 September 10am (more information will be shared with you closer to the time.)

School Tours

If you are looking to join the NPS community and would like to participate in an informal tour around our terrific school with an opportunity to ask questions, please contact the school office on 9489 1152 to make a booking. Small group tours will take place on the following days this term.

Tuesday June 7 at 9:30am

Tuesday June 28 at 2pm

Term 3

Tuesday August 2 at 2pm

Tuesday August 16 at 9:30am

Tuesday September 6 at 2pm

All tours will be a similar format (there is no need to attend them all but you are welcome to attend more than one if you like). Once your child is enrolled, there will be Orientation Sessions in Term 4.

Lost Property

At NPS we wear our school uniform with pride. Thank you to all the students who wear their black school shoes with their school uniform and sport shoes only on the designated sport days. Labelling student's belongings means they will be returned to the student. We seem to collect quite a lot of jumpers weekly; these are returned by our dedicated admin staff.

Have a good week.

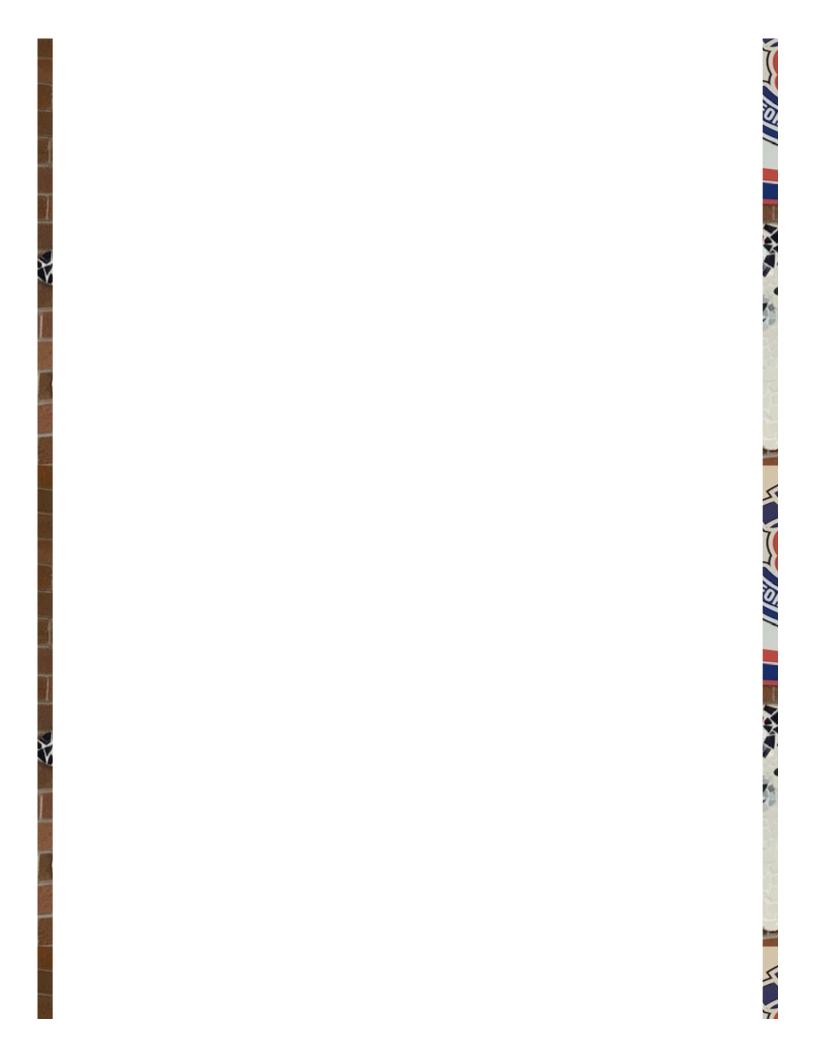
Warm regards

Jacqui Gordon

Principal

GOT IT - (Getting on Track in Time) Program

This week we would like so share some strategies on building empathy and spreading kindness.



Got it! Information

Tips for Staying on Track



Northern Sydney Local Health District

(02) 9887 5886

Building Empathy & Spreading Kindness

Empathy involves being able to see things from another person's perspective and understand what they are feeling or experiencing. Empathy isn't a skill we are born with, it is a skill we develop through our experiences with others.

Empathy helps children learn that others have experienced big feelings too, and helps them feel understood and accepted. Children learn that they are not alone when coping with their powerful emotions.

So how can we teach the skill of empathy to children?

Model being empathic

Show warmth and understanding toward all your child's feelings by labelling and validating their emotions. This might sound like "I know how you feel", "It looks like you had a really hard doy", or "It sounds like you're feeling really angry toward your brother, I'd feel angry too Ji...".

Build a climate of empathy

Create opportunities for children to be empathic and highlight and praise moments of kindness. This might sound like "That was very kind of you to help your sister find her toy". This will foster empathy into the future.

For more about empathy, watch this clip from Brené Brown:



Consider of amounthing

- Builds stronger relationships with
- Encourages tolerance and acceptance of others
- Promotes good mental health and
- Promotes so





Term 2 - School Calendar

TEN I	Normanhurst Public School Term 2 Calendar - 2022								
	MON	TUES	WED	THURS	FRI	SAT	SUN		
APRIL/MAY WEEK 1	25 ANZAC DAY	26 SDD (Office Closed Admin Staff at Firet Aid Training) Staff off site Professional Learning	27 Student's Return	28	29 No Assembly Colour Run Reschieduled Backflip Against Bullying @NPS	30 P&C Working Bee	1		
MAY WEEK 2	2 Tell Them from Me Survey Yrs 4-6	3 Tell Them from Me Survey Yrs 4-6 SRC Meeting	4 Tell Them from Me Survey Yrs 4-6	5 Tell Them from Me Survey Yrs 4-6 Cross Country (make up day) Teacher's Day	6 3-6 Assembly Tell Them from Me Survey Yrs 4-6 Mother's Day Breakfast 7:30sm - 3:45sm PS \$A Friday Sport Begins	7	8 Mother's Day		
MAY WEEK 3	5	10 NAPLAN	11 NAPLAN Year 5 Camp Berry Sport and Rec	12 NAPLAN Year 6 Camp Berry Sport and Rec	13 K-2 Assembly NAPLAN Year of Camp Berry Sport and Rec National Walk Safely to School Day PSSA Friday Sport	14	15		
MAY	16 NAPLAN	17 NAPLAN School Tour 2pm	18 NAPLAN	19 NAPLAN	20 K-6 Assembly NAPLAN PSSA Friday Sport	21 Band Camp	22 Band Camp		

WEEK 4	P&C Meeting		Canteen: Hot Dog Day		Band Camp Friday Evening	Federal Election	
MAY WEEK 5	23	Enrichment to the Historic Society 10-12pm SRC Meeting	25	26 Zone CC National Sorry Day	27 3-6 Assembly PSSA Friday Sport Australia's Biggest Tea	28	29
MAY/JUNE WEEK 6	Reconciliation Day	.31	Debate at Asquith Public Bohool 9:30a.m.	2	3 K-2 Assembly PSSA Friday Sport	4	5 World Environment Day
JUNE WEEK 7	6	7 School Tour 5:30am Digi Ed Claymation Incursion - Year 5	8	S Digi Ed Claymation Incursion - Year S	10 K-6 Assembly PSSA Friday Sport	11	12
JUNE WEEK 8	13 Queen's Bday Weekend	14 SRC Meeting	15 Premier's Spelling Bee (3-6)	16 Regional Cross Country	17 3-6 Assembly PSSA Friday Sport	18 P&C Trivia Night Magples	15
JUNE WEEK 9	20	21	22	23 Athletica Carnival	24 K-2 Assembly PSSA Friday Sport	25	26
JUNE/JULY Week 10	27 Uncle Laurie vielt to launch NAIDOC Week	28 School Tour 2:30pm School Disco	25 Kindergarten Science Incursion - 5-10am	30 Reports Home Stage 1 Science Incursion	1 K-6 Assembly Last Day of Term 2	2	3

Term 2 - Road Safety



Do you know how to use the No Parking zone at your school?

Most schools have a No Parking zone at the front or near it. These zones are designed for drivers to stop for no more than two minutes to drop off or pick-up a passenger. The driver must remain with their vehicle at all times. No parking ZONES ARE MOT RESIDENCE OF A DIVINED OF STATE THEIR DESIGNATION.



- If your child(ren) is being picked up from the No Parking zone outside the school, only stop there when they are ready to enter your vehicle. If they are not waiting within the zone, move away and come back later. This will free the zone up for other drivers whose passengers are waiting.
- If your school runs an organised pick-up program from the No Parking zone at the front of the school, follow the instructions issued by the school executive.
- When dropping your child at school within the No Parking zone, ensure you have given them a hug and kiss at home, so the child can leave the vehicle independently, to minimis

Walk Safety to School Day - Friday 20 May 2022

As you are aware, walking to school has many benefits for students, parents and the surrounding community. Walking with your child will help them develop vital road crossing skills and is an opportunity to teach them about road safety and independence. It also give you both exercise, gets you out of the car and away from the traffic congestion, reducing all pollution and car dependency.



On Friday 20 May 2022, all students across Australia, are being asked to participate in National Walk Safely t School Day, in conjunction with their school, or independently. For further information visit: <u>walk.com.au</u>.





Sport News - Update

Well done to our Zone Cross Country team who ran at Fagan Park last Thursday. It was a fantastic day with a very wet and muddy course. They did an amazing job representing Normanhurst PS!

Thank you to the parents who came out to support our students on the day! A huge congratulations to Ben Harris (5th) and Juliet Erickson (2nd), Nathan Cowan (2nd) who will now represent the Beecroft Zone at the Sydney North Cross Country Carnival in Gosford.Good luck to our State Boccia Knockout representatives (Cooper Greenwood, Fletcher Ball, Hudson Veldon and Amelia Orlovich) who compete tomorrow at ELS Hall, North Ryde in a round robin.

Darren Hills & Louisa Patel

Sport Coordinators

Zone Cross Country Photos - Well Done!



Excursion to The Historical Museum

A group of students from K-6 who are delving into the past, present and future of Normanhurst Public School, visited the Hornsby Historical Museum in Kenley Park on Tuesday 24th May.

It was a lovely day (thank goodness!), for our walk to and from the Museum. Ms Taylor and myself took 49 students to learn about the history of the area, and in particular our school.

An ex- student had her own books to show us from when she was at school, which was amazing. We rotated in groups, learning about the olden day classrooms, kitchens, shops and bathrooms. The volunteers were amazing, and all the students were really engaged.

Thank you to Mrs Melkman and Mrs Lawrence for helping us on the day, and also to all the volunteers at the Historical Museum.

- "We learnt things that we have now, but they didn't have 150 years ago" Max L KE
- "I learnt that mostly everything was made of wood and metal and pottery. There was no plastic" -Beau KT

- "In the olden days they used pennies, which were heavier than today's money, and they used baskets instead of trolleys. James KE
- "I learnt that they didn't go to the supermarkets. The milkman and iceman delivered milk and ice. Rory 2F
- "In the olden days they used ink pots and used suitcases. The younger ones had smaller ones. The kids did lots of chores too" Clementine 2D
- " In the olden days there was no clean water, and they had to keep boiling the water" Emily H 1W
- "When you got to the shop there were no plastic bags they used string bags" Nicole 1W
- "There was no plastic" Vicky -1W

Ingrid Blair and Alison Taylor

150 Years Normanhurst P.S Project Coordinators

Historical Excursion Photos





Stage 2 - PSSA Boys & Girls Team News

Friday came and luckily the sun was shining at Pennant HIlls Park.

After learning how to put the goal together with the help of parents (Thank you!). The game against Cherrybrook P.S got under way. The boys played first and unfortunately lost 1-4. Thanks to Michael who played well in goals. All the boys played a super competitive game, and I am hugely proud of them. Well done to you all!

The girls played next and it was game on. They all were so organised working as a team to sort out the best positions for everyone. Great Teamwork!

Particular mention goes to Lael and Jenny who worked superbly on the wing and in the centre to secure the win against Cherrybrook 3-1.

Photo of Stage 2 PSSA boys and girls soccer teams.



Junior boys and Junior girls Netball Teams

The junior netball teams had their first games on Friday. Some players are very new to the game, and they tried so hard to remember all of the rules and positions. They were both very close games against Cherrybrook Public School, with only a few goals scored against us. I'm so proud of their effort, persistence and resilience. We're looking forward to developing our skills and teamsmanship as the season continues.

Photo of Junior boys and Junior girls netball teams.

Award Winners 3 - 6, Term 2, Week 5

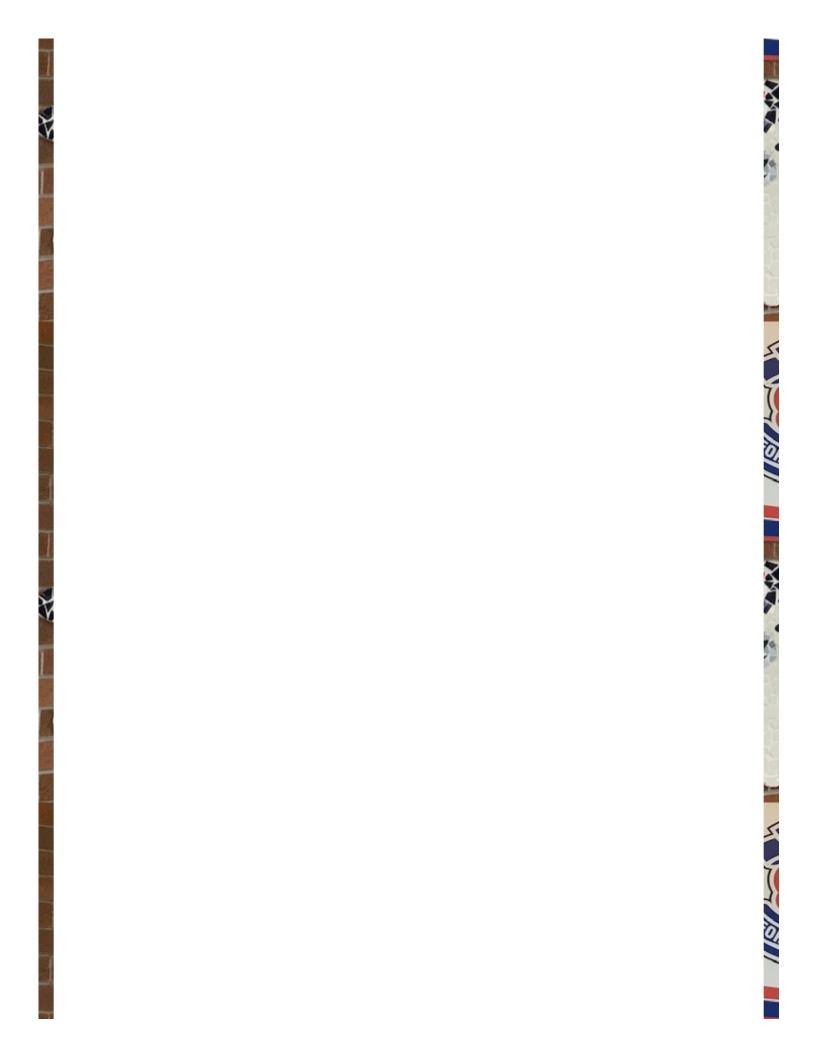


Music - New Equipment

Students across the school have been experimenting with some of the new music equipment. We have been exploring pitch (along with beat and rhythm) using Boomwhackers and chime bar sets. It's also exciting to have a brand new keyboard in the music room. We're looking forward to using that too! I am very grateful to the school and the P & C for the motivating resources we now have to explore music concepts.

MUSIC in K - 2

Students in K-2 have been learning about pitch using Boomwhackers. Boomwhackers are a new purchase this year and the students love using them. Each coloured tube is a particular length, creating a different pitched note. The students are also building on what they learned last term on beat and rhythm by playing their notes in time with the beat in the correct rhythm pattern.



Music - Boomwhackers



Whole School Assembly - Week 4, Term 2





P & C News

Building Fund

It is coming up to tax time, and we are appealing to all families (and those with businesses) to please get your tax-deductible voluntary donation in to us before JUNE 30 if you are interested in taking advantage of this. See Building Fund letter attached for more details. Your contributions go towards making improvements directly on the school grounds and buildings.

Election Day BBQ and Cake Stall

What an incredible turnout for our BBQ sausage sizzle and Cake stall on Election Day - last Saturday 21 May. HUGE THANKS again to all our Volunteers for their time and Bakers who donated their yummy treats to sell, and our BBQ cooks Andrew, Ian and Murray who worked and served the customers.

We made a total of \$3092 in profit on the day between both BBQ and Cake Stall. All profits are added to the P&C fundraising pool to contribute to various projects we have lined up this year including the RAP Building Mural (soon to begin), the Edumarker Painting works, and wishlist items like a sensory garden, or lighting for the Noosh pathways (as examples.)

TRIVIA NIGHT - Saturday 18 June 2022

Get your Costumes ready for TV Characters and Shows this year... Book your tables of 10 and secure your tickets now! See Fundraising News for more details. It will be a fun night!!

P&C Minutes

Minutes are available for our last P&C General meeting on Monday 16th May, please email us for a copy secretary@npspandc.com if you wish to read them.

Bonita ChanNPS

P&C Association President

president@npspandc.com

2022 Building Fund Letter



2022 TAX DEDUCTIBLE BUILDING FUND DONATION

- recent years the PAC has made significant contributions to the school including. Purchase of Smartboards for all of the classrooms (and replacements of the dider ones) to the value of \$10,000. Ground improvements throughout the school; like the half-court upgrade, replacing the Junior playground for KrY1, the Years 2-6 playground upgrade, and our synthetic Oval refurbishment all of these totalling a value of \$75,000.

• 2 Children \$80	
Other amount \$	
ectfully request all donations b	e made via EFT by

00

Election Day BBQ and Cake Stall Photos!









Fundraising - Team Trivia @ Magpies, Waitara – Saturday 18 June

Team Trivia @ Magpies, Waitara - Saturday 18 June 2022

The NPS P&C Committee is excited to announce our Annual Trivia Night. This years theme is TV Shows & Characters. So book your babysitter and start to plan your outfits!

Hard day at The Office? Life feel like a Game of Thrones?

Come and say Cheers with Friends at our Annual Trivia Night!

- Tickets are \$40 each or secure a table of 10 for only \$350!
- Ticket cost covers your seat for trivia and a wonderful night of memory making with the school community.
- All funds raised go to the Normanhurst Public School P&C to contribute to school projects.
- Stay tuned for show-stopping auction items!

When is it? Saturday 18 June, 7.30pm

Where is it? Magpies Waitara

Who can come? Parents, past parents and close friends

How do I get a ticket? Tickets are \$40 each, or secure a table
of 10 for \$350. Visit our online booking platform

(www.trybooking.com/BZHSH) to purchase tickets.

Silent and Live Auction

The Silent and Live Auction is one of the key moments of our annual event. Bid on the items you would like to win. Keep an eye on them as prices increase. Bargains to be had and show-shopping offers to enjoy. • 30-DAY UNLIMITED ACCESS The Om Movement Yoga Studio • 60-MIN BESPOKE FACIAL Salt And Petals Natural Beauty • FREE BIRTHDAY PARTY Ninja Kids Hornsby • \$100 CAKE VOUCHER Sweet Connoisseur • 10 x FREE NINJA PASSES Moving Bodies • \$500 GIFT VOUCHER Beaumont Tiles Thornleigh • FREE COFFEES Wooden Mill Normanhurst• PRINCIPAL FOR THE DAY Normanhurst Public School

...stay tuned for more!

There's no time to (Netflix and) chill – buy your tickets today.

If you are a business and able to supply a service or a prize we'd love to hear from you. Prizes may include wine/gift voucher/club membership/experiences.

If you have any questions about these initiatives, or would like to suggest something new, we'd love to hear from you. You can email Eve at fundraising@npspandc.com

Eve Quigley

NPS P&C Fundraising Coordinator

fundraising@npspandc.com

Trivia Night Flyer & Prizes!



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Fundraising - Entertainment Book

The Entertainment Book:

The Entertainment Book is now a digital membership via the App. Give it as a gift, or use the offers within to save.

Complete 12-month memberships from the moment you join. Membership covers savings on dining, activities, hotels, shopping and gift vouchers. New offers are added automatically to the App. 20% of each membership is returned to support the P&C. Visit our school page today, www.entertainment.com.au/orderbooks/205p842



Uniform Shop News

We have a large number of pre-loved zip fleece jumpers on hand at the moment. Book an appointment today to grab a spare for winter. Only \$5.00!

Book an appointment to visit the Uniform Shop on Friday morning at - https://signup.com/go/cmDYUyW.

Order online at - https://www.npspandc.com/uniform/. Orders are delivered to your child's classroom on Friday each week.

Please keep all packaging and tags attached until your child has tried on the clothes, in case you need to swap sizes. We are unable to exchange items without their original packaging. If you need to make an exchange, please email the Uniform Shop.

Kristie Whitehead NPS Uniform Shop

Email: uniformshop@npspandc.com



Lost Property - Please check!

Lost Property

Our lost property basket each week is overflowing with jackets and hats! Also we have numerous 'other items' handed in that are kept in the office draw, so if you child has lost any item - please remind your child or children to check lost property and ask in the office.

Please ensure that all your items are labelled with both their first and last name clearly - otherwise it won't find it's way back home!

Thank you!



Canteen News

Counter Sales

From this week Children can buy with cash over the counter at recess or lunch any day. Please do not send them with large notes as we operate with limited change.

You can still preorder frozen treats online for collection at lunch time.

While stocks last: we have a limited number of chocolate and Rainbow paddle pops \$2.20, order online or buy over the counter.

Volunteers Needed

The canteen runs with the help of volunteers (Mum, Dad, Grandparents). This ensures the canteen runs smoothly and is able to serve your children quickly and efficiently.

Tasks are easy and supervised. Generally making sandwiches, packing food and drinks and serving at the counters. Our main time slots are 9am -10am for labelling and packing drinks and snacks and 12pm -1.30 pm which is packing the hot lunches in the class bags and serving at the counter. Friday is our busiest day. If you are able to assist please pop your name on the roster on school 24 or email canteen@npspandc.com

If you would like to help but would like a different time please contact me.

Lisa Pang

Canteen Manager
NORMANHURST PUBLIC SCHOOL

E: canteen@npspandc.com



NPS - Band News

NPS Bands

Band camp took place at the Collaroy Centre on the weekend of 20th - 22nd May! What an amazing experience it was for all who took part in it, including 52 students, 11 parent volunteers, 6 tutors and our conductor, Mr Sismey! Over the weekend, students were involved in tutorial and rehearsals. We saw growth in musical abilities from everyone. But, it wasn't all hard work. Students also participated in team building games and outdoor activities that were fun but also challenged them. The weekend was rounded off with a concert for parents - a demonstration of the massive achievements of both our Training Band and Concert Band! Band Committee

E: bandpresident@npspandc.com

NPS Band Camp!





NOOSH NEWS

Recently NOOSH has celebrated Nature play week, Eid,
Cinco De Mayoand next week Safety week is coming up!
Soon our focus will turn to reconcillation week, mental health
week, environment week and sensory week!

What we're doing at NOOSH!

Recently NOOSH has been ensuring the safety of our children by having safety week! Safety week is week where we run lockdowns and evacuations to ensure that all the NOOSH children know what to do in an emergency! We also did some great safety activities, exploring things like sun safety and germ safety!

This week NOOSH is celebrating Reconciliation Week! Follow us on Facebook to receive our posts and keep up to date on what we're doing!

NOOSH Bank

At NOOSH we run a positive behavior program called NOOSH Bank! Children are rewarded with "NOOSH Dollars" for doing the right thing, and being a great citizen at NOOSH. Right now the children are enjoying our NOOSH bank sale, where they can use their NOOSH money to buy prizes! Congratulations to Cameron S. and Jay J. who have both bought basketballs from NOOSH bank recently.

Vacation Care

Vacation Care bookings open this week! We're looking forward to our fun packed program which includes: Go Karts, Inflatable World excursion, a wheelchair sports incursion, a rock climbing excursion, a slot cars incursion, a trampoline excursion at JUMPD Brookvale, Laser Tag and bowling at Strike Macquarie, an Escape Room incursion, and a movie excursion! Please see below for a sneak peak at our program!

If you have any questions about any fees, bookings or program, or need any assistance with anything related to NOOSH, please feel free to email us: normanhurstoshc@outlook.com

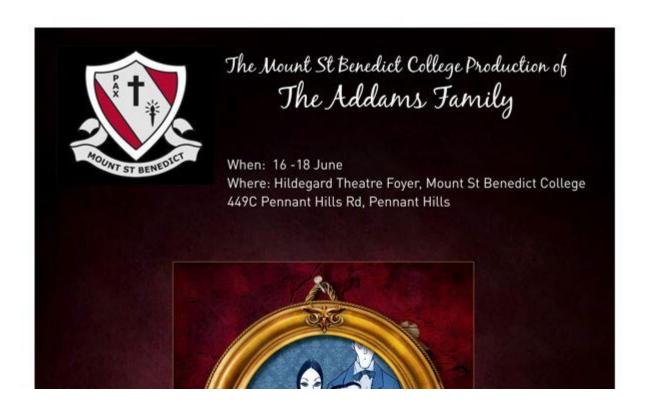
The NOOSH Team

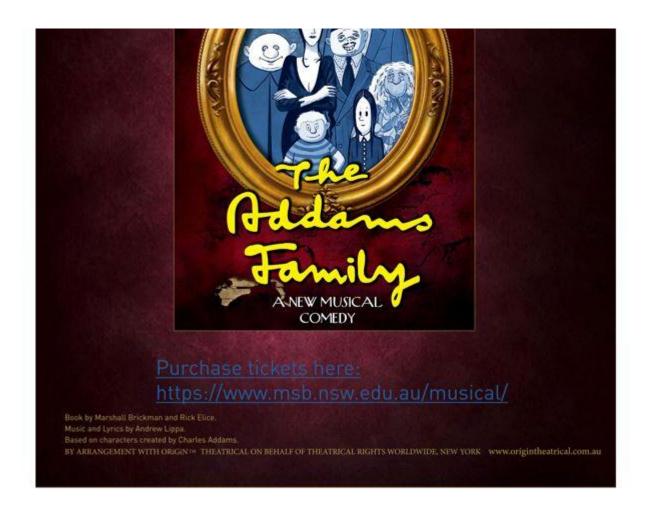
Winter Vacation Program



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Adam's Family Musical Production





Bricks 4 Kidz





Code Camp Holiday Camp!





DJ Camp • Code Camp • Drone Camp Animation Camp • YouTube Creators

Book now at codecamp.com.au/flyer

Give us a call on 1300 263 322



Rated 4.9 on **PRODUCT** REVIEW with over 862 *** reviews

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Raising Teenagers Who Flourish!

- Understanding teen emotion and behaviour
- The factors that develop resilience in teens
- Who matters to teens and why?
- What leads to teen flourishing?
- Ideas on HOW to communicate with young people when things go wrong
- Practical tips for connecting with teenagers



Parenting Seminar

Raising Teenagers Who Flourish Resilient Teens: in life, relationships & their online world

Who: For parents of children aged 10-16

When: 7pm, Monday 6 June 2022

Where: CCH, Unit 3/67-71 Jersey Street, Hornsby

Cost: \$15 per person

Register: www.vivachurch.org.au/raisingteenagers



Presenter: Collett Smart

Collett Smart is a psychologist, qualified teacher, speaker and internationally published author of "They'll be Okay: 15 Conversations to help your child through troubled times' (Hachette). She has also contributed chapters to a number of other parenting books. Collett has a YouTube channel called, "Wellbeing with Collett' and has a podcast with a Sydney radio station called, 'Raising Teens'. Collett has delivered seminars around the world and is an Ambassador for International Justice Mission Australia. She lives in Sydney, with her husband and 3 children, aged 21, 19 and 14 years-old.

Accidental Counsellor Training

A Solutions Focused Approach to listening and responding to emotional distress without burning out



ACCIDENTAL COUNSELLOR TRAINING TRAINING



Wednesday 8 June 6.30 to 8.00pm

Light refreshments provide by



WHO IS THIS FOR?

This session is for anyone and everyone who responds to emotional upset and distress. That's most of us right?

THE TRAINING COVERS THREE CORE AREAS

1. Self care and wellbeing

 so we are not overcome by the emotional distress of others. This also includes appropriate referral.

2. Connection

 so we are able to validate and acknowledge the person so they feel heard and understood.

3. Influence

so we can ask appropriate
 "solution focused questions"
 rather than giving unsolicited
 advice.

PLEASE REGISTER YOUR EOI HERE:

https://forms.gle/ZRTzd3mdhA4tRzQ49



CREATED AND PRESENTED BY



Turramurra High School - OPEN DAY!

TURRAMURRA HIGH SCHOOL

104 Maxwell Street, South Turramurra



OPEN MORNINGS

Guided Tours

Friday 10 June 2022 Friday 22 July 2022

Register for a guided tour via our website turramurra-h.schools.nsw.gov.au Please join us for morning tea.

Foster Carer's - needed



The NSW Department of Communities and Justice is seeking people in your area to become short-term and crisis foster carers in order to provide a home for children and young people aged anywhere between 0-18 years-old. We are also interested in people who can care for siblings.

Foster carers come from all walks of life and their families reflect the wider community we live in. They can be single, in a relationship, identify as LGBTQI+ and be with or without children of their own.

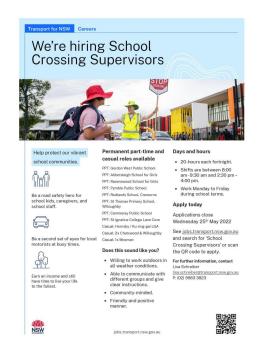
Aboriginal, Torres Strait Islanders and people from culturally diverse backgrounds are also encouraged to apply. All carers receive training, ongoing support and financial assistance. If you are interested in making a difference in the life of a child, please call 8303 7644 or email our Foster Care Team:

Communities

& Justice

CAPSMetroCentral@dcj.nsw.gov.au

NSW Transport - We're Hiring



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Normanhurst Public School

Normanhurst Public School offers a caring, happy and safe educational environment for all children.

normanhurs- normanhurs- p.school@det.nsw.edu.au p.schools.nsw.gov.au