



NORMANHURST PUBLIC SCHOOL P&C ASSOCIATION CANTEN PRICE LIST

Please note – This Price List is current October 2018. Our menu is subject to seasonal change. Any changes will be posted on School 24.

Sandwiches	
Jam	\$2.50
Honey	\$2.50
Vegetemite	\$2.50
Baked Bean Jaffle	\$3.00
Cheese	\$3.00
Ham	\$3.70
Ham and Cheese	\$4.50
Tuna	\$4.00
Salad (lettuce, tomato, cucumber, carrot, beetroot)	\$4.50
Lettuce, cucumber, carrot, beetroot each	\$0.30
Toasted at no extra cost	
Gluten free Bread add	\$1.00

Wednesday Specials	
Beef Pie Mrs Macs Lite'n Up	\$4.00
Sausage Roll Mrs Macs Lite'n Up	\$4.00
Chicken Wing Things (Steggles) with Canteen made Fried Rice *	\$3.50
Caesar Salad (Lettuce, Ham, Parmesan Cheese, Croutons, Dressing)	\$4.00
Bolognese (contains Meat) with Pasta Twirls	\$4.00

Thursday Specials	
Teriyaki Chicken Sushi (Cucumber)	\$3.70
Tuna Sushi (cucumber and mayo)	\$3.70
Vegetarian Sushi (Tofu, cucumber, carrot) (v)	\$3.70
Caesar Salad (Lettuce, Ham, Parmesan Cheese, Croutons, Dressing)	\$4.00

Friday Specials	
Beef Burger (Canteen made)	\$4.50
Chicken Burger (Canteen made)	\$4.50
Beef Burger (Canteen made) plus McCain Sweet Potato Wedges	\$7.00
Chicken Burger (Canteen made) plus McCain Sweet Potato Wedges	\$7.00
Vegetarian Burger (I&J Patty) (v)	\$4.50
Burger Extras	
Beetroot	
Tomato Sauce / BBQ Sauce / Mayonnaise	
Gluten Free	\$1.00
Cheese	\$0.50
Avocado	\$0.50
Pineapple	\$0.50

Snacks	
Plain Fresh Popped Popcorn	\$1.00
Frozen Seasonal Fruit (Watermelon, Pineapple Rings, Grapes, Orange Wedges)	\$0.50
Red Rock Deli Chips - Honey Soy	\$1.50
Red Rock Deli Chips - Sea Salt	\$1.50
Fruit Juice Jelly	\$1.00
SPC Fruit Cup	\$1.50
Freeze Dried Crispy Fruit - Strawberry, Apple, or Mango	\$1.20
Chicken Fingers (Steggles) Recess only max 5 *	\$0.40ea

Fresh and Yummy Food	
Vege Box (V)	\$5.00
Tomato, carrot, corn, cucumber & yoghurt or hummus	
Carrot Sticks (V)	\$0.50
Mini Fruit Salad	\$1.00
Chicken Breast Wedges Meal includes: 3 Chicken Wedges + Carrot and Cucumber Sticks + natural yoghurt or hummus *	\$5.00
Zucchini and Ham Slice (Canteen Made) with carrot and cucumber sticks	\$4.00

Hot and Tasty	
Corn Cobette (V)	\$0.90
3 Chicken Breast Wedges (Steggles 93g) *	\$2.55
6 Gluten Free Chicken Nuggets Ingham's 124g) *	\$3.00
Beef Lasagne (Allied Chef 220g)	\$4.50
Butter Chicken and Rice (200g M&J Chicken and Canteen made rice) *	\$3.50
Spinach & Ricotta Roll (Good Tucker 90g) (v)	\$3.00

Drinks	
Juice Bomb - 99.9% fruit juice	\$2.00
Apple Raspberry (Pink)	
Apple Blackcurrant (Purple)	
Vanilla Lime (Green)	
Juice Popper Choose from:	\$1.50
Apple	
Apple/Blackcurrant	
Orange	
Paradise Punch (Tropical)	
Plain Milk	\$1.50
Plain Milk + Flavoured Sipahh Straw: Choose From	\$2.30
Banana, Chocolate	
Raspberry, Marshmallow	
Choc-Mint, Honeycomb	
Cookies and Cream, Strawberry	
Spring Water	\$1.00

Frozen Treats (Available Lunch Time Only)	
Juicies Frozen Fruit Tube Lemonade or Wildberry	\$1.00
Vanilla Ice-cream Tub (Everest Low Fat 100ml)GF	\$1.50
Frozen Yoghurt (Everest Low Fat 100ml)	\$1.50
Moosie (Frozen Milk Treat 85g) Chocolate or Bluemoon	\$1.50
Slushy (Various flavours 250ml)	\$1.80
Quelch 99% Fruit Juice Sticks. Choose from	\$0.50
Mango, Pineapple	
Orange, Tropical	

* Halal Certified Chicken